



RICHARD S. ADLER, M.D.

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Forensic & Clinical Psychiatry

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Seattle, WA 98101

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## EDUCATION

- 1998 – 2000      **Senior Fellow in Forensic Psychiatry**  
University of Washington School of Medicine  
Seattle, WA
- 1986 - 1988      **Fellow in Child Psychiatry**  
Massachusetts General Hospital /Harvard Medical School  
Boston, MA 02114
- 1984 - 1986      **Resident in Adult Psychiatry**  
McLean Hospital/Harvard Medical School, Belmont, MA 02478  
*Included rotations in Consult - liaison  
Adolescent and Family Treatment Unit at McLean  
Hospital*
- 1983 - 1984      **Internship year in Adult Psychiatry**  
McLean Hospital/Harvard Medical School  
*Six months medical internship at Mt. Auburn  
MGH, two months of Inpatient Geriatric Psychiatry,  
two months of Substance Abuse Psychiatry*
- 1978 - 1983      **Albany Medical College of Union University (AMC)**  
Albany, NY 12208  
Doctor of Medicine  
*Alpha Omega Alpha Honor Society  
Shaeffer Prize in Pathology  
Honor Committee Member 1978 - 1980*
- 1980 - 1981      **Research in Gastrointestinal Pathology**

Brigham and Women's Hospital  
Department of Pathology, Ramzi Cotran, M.D., Chief  
Boston, MA 02115  
*American Gastroenterological Association Award for  
Medical Student Research - Poster Presentation*

1976 - 1982      **Rensselaer Polytechnic Institute (RPI)**  
Troy, NY 12180  
Bachelor of Science in Biology  
*Summa cum laude, RPI - AMC 6-year Biomedical Program*

## POSITIONS

2007 – present      **Clinical Instructor**  
University of Washington School of Medicine  
Seattle, WA

2007 – present      **Clinical Instructor**  
Antioch University Seattle  
2326 6th Ave, Seattle, WA 98121

2006 - present      **Psychiatric Consultant**  
Renton Academy  
*Employed by the Renton School District to provide on-site  
psychiatric services for a new specialty school informed by the Re-  
Education Approach pioneered by Nicholas Hobbs, Ph.D.*

2006 - present      **National Advisory Panel**  
Cephalon, Inc., makers of Sparlon® (modafanil)  
New Drug Application (FDA) pending

2/97 - 10/06      **Staff Psychiatrist**  
Children's Hospital & Medical Center, Bellevue Satellite Clinic  
1135 116<sup>th</sup> St. NE, Bellevue, WA 98004  
(206) 454-9003. Chris Cowles, Psy.D., Clinic Director  
*Patient evaluation and psychopharmacologic  
management, team consultation two days a week*

2/97 - present      **Private Practice**  
*Forensic and clinical psychiatric practice in child and adult  
psychiatry*

3/00 - present      **Speakers Bureau and National Advisory Board**

McNeil Consumer Healthcare, makers of Concerta ®

7/00 – 12/00

**Staff Psychiatrist**

Western State Hospital

Program for Forensic Evaluations in Corrections and the  
Community, Tacoma, WA 98498

*Carl Redick, Psy.D., Director*

7/98 – 6/00

**Acting Clinical Instructor (\*)**

Children's Hospital & Medical Center, Lake City Way Satellite  
(206) 368-4949

*Individual and group supervision of Child Psychiatry Fellows,  
Adult Psychiatry Residents, Psychology Interns at a University of  
Washington Medical School teaching site.*

*(\*) During the Senior Fellowship in Forensic Psychiatry (see  
Education), University of Washington regulations require that the  
instructorship be regarded as "acting".*

1/98 - 7/98

**Clinical Instructor**

Children's Hospital & Medical Center, Lake City Way Satellite

8/96 - 6/98

**Staff Psychiatrist**

Seattle Mental Health Institute, 1600 East Olive Street,  
Seattle, WA 98122. (206) 324-2400

*Provided staff consultation and treatment to adults, children and  
adolescents, including The Deaf Services unit, in a large CMHC  
with a wide continuum of care.*

8/91 - 7/96

**Medical Director & Founding President**

Comprehensive Psychiatric Group, 120 East Main Street,  
Salisbury, MD 21801.

*Region's largest multi-disciplinary mental health  
practice with Addictions, Eating Disorders and  
extensive Group Psychotherapy Programs.*

3/95 - 7/95

**Consultant - Behavioral Health Services**

Peninsula Regional Medical Center (PRMC)  
100 East Carroll Street, Salisbury, MD 21801

*Retained to design integrated and managed care-  
friendly inpatient, outpatient, consult-liaison and  
emergency mental health services.*

1/94 -12/95

**Community Affiliate, Peninsula Regional Medical Center**

- 11/91-12/93      **Attending Psychiatrist, Peninsula Regional Medical Center**  
*Inpatient, emergency and consult - liaison services*
- 7/88 - 6/92      **Medical Director, Mental Health Clinic**  
Somerset County Health Department, Westover, MD 21871  
*National Health Service Corps Scholarship Placement.*  
*Included consultation to Colbourne Substance Abuse*  
*Center, Crisfield, MD & Somerset County Sheriff's*  
*Department, Public Schools, and Developmental Center.*
- 7/88 - 6/91      **Medical Director, Mental Health Clinics**  
Worcester County Health Department, Snow Hill, MD  
21863.  
*National Health Service Corps Scholarship Placement*
- 7/86 - 6/88      **Part-time private practice**  
Boston, MA
- 10/86 - 6/88      **Ciba-Geigy Clinical Trial of Clomipramine for Obsessive-  
Compulsive Disorder in Children and  
Adolescents.** Massachusetts General Hospital, Boston, MA  
*Co-investigator with Joseph Biederman, M.D.*
- 1986 - 1990      **Doctor-on-Call**  
Pembroke Hospital, Pembroke, MA  
*150 bed Private Psychiatric Hospital*
- 1985 - 1990      **Doctor-on-Call**  
Norwood Hospital, Norwood, MA  
*21 bed locked psychiatric unit in a suburban community*  
*General hospital with Emergency Room and Consult-*  
*liaison consultation services.*
- 1985 - 1986      **Psychopharmacology Consultant**  
Cutler Counseling Center, Norwood, MA  
*Non-profit, community outpatient facility*

## LICENSES

1996 -	Washington	33536	(3/12/96)
1988 - 1996	Maryland	D36903	(6/18/88)
1984 - 1991	Massachusetts	54358	(6/1/84)

## CERTIFICATIONS

1992	<b>Child and Adolescent Psychiatry</b> American Board of Psychiatry and Neurology, #2903
1990	<b>Adult Psychiatry</b> American Board of Psychiatry and Neurology, #33030
1984	<b>National Board of Medical Examiners, #262751</b>

## MAJOR COMMITTEE ASSIGNMENTS

2005 -	<b>Chairman, Ethics Committee</b> Washington State Psychiatric Association
1998	<b>Managed Care Committee</b> Division of Child & Adolescent Psychiatry, Children's Hospital
1995	<b>Representative of the Maryland Psychiatric Society to the Rural Psychiatry Task Force</b> American Psychiatric Association Annual Meeting May, Miami Beach, FL
1992 - 1996	<b>Board of Directors</b> Life Crisis Center, 216 East Main Street, Salisbury, <i>Chairman, Executive Director Search Committee (1994)</i>
1993	<b>Select Committee, Quality Council</b> Peninsula Regional Medical Center Empowered to re-engineer Emergency Room Psychiatric Services. Developed satisfaction assessment tool

- 1992 - 1993      **Utilization Review Committee**  
Peninsula Regional Medical Center
- 1991 - 1993      **Founding President**  
Eastern Shore Psychiatrists' Group  
*Established to provide networking opportunities*
- 1991              **Physicians' Steering Committee**  
Atlantic General Hospital, Berlin, MD  
*Providing input on design of new community General hospital*
- 1988 - 1992      **Utilization Review Committee**  
Peyton Psychogeriatric Unit  
McCready Hospital, Crisfield, MD  
*Specialty in-patient locked unit for chronically mentally ill geriatric patients*

## **MEMBERSHIPS**

- 1996 -              American Academy of Psychiatry and the Law  
1984 -              American Psychiatric Association  
1991 - 1996      Eastern Shore Psychiatrists' Group  
1988 - 1996      Maryland Psychiatric Society  
1986 - 1988      Massachusetts Psychiatric Society

## **PUBLICATIONS & PRESENTATIONS**

- 2007              **“Parenting Evaluations – A Critical Review and Practice Skills”**  
Washington State Bar Association – Continuing Legal Education  
Washington State Convention and Trade Center, Seattle, WA,  
August 8, 2007  
Doubletree Inn, Suite B, Spokane, WA, August 21, 2007  
[www.wsbacl.org](http://www.wsbacl.org)
- 2004 & 2006      **“How to Help Your Client Survive a Parenting Evaluation in Washington”**

National Business Institute Seminar, Washington State Convention and Trade Center, Seattle, WA. November 5, 2004, November 10, 2006. [www.nbi-sems.com](http://www.nbi-sems.com)

- 2002                    **“Child Abuse and Neglect”**  
Western State Hospital Forensic Seminar Series  
Greg Gagliardi, Ph.D., Seminar Director
- 2000                    **“Pediatric Psychopharmacology: The Cutting Edge”**  
Washington State and British Columbia Associations of School Psychologists Fall Conference, Vancouver, B.C.
- 1999                    **“Pediatric Psychopharmacology: The Cutting Edge”**  
Child and Adolescent Neuropsychiatry Conference, Children’s Hospital and Regional Medical Center, Seattle, WA
- 1998                    **“The Broad Bandwidth of Autism Spectrum Disorders”**  
Child and Adolescent Neuropsychiatry Conference, Children’s Hospital and Regional Medical Center, Seattle, WA
- 1997                    **“No Need to Panic: Anxiety Disorders Update for the Clinician.”** Child and Adolescent Neuropsychiatry Conference, Children’s Hospital and Regional Medical Center, Seattle, WA
- 1991                    **“The Transition from Resident to Medical Director”**, American Psychiatric Annual Meeting, Course: Administration in Austerity. Paul Rodenhauer, M.D., Course Director.
- 1990                    Adler RS, Jellinek MS. **Special Article: “After Teen Suicide: Issues for Pediatricians Who Are Asked to Consult to Schools”**. Pediatrics. 86:6, 982 - 7.
- 1990                    Adler RS. **Out-of-Control Behavior**. The Massachusetts General Hospital: Psychiatric Aspects of General Hospital Pediatrics. Jellinek MS, Herzog DB, Eds. Chicago: Year Book Medical Publishers, pp. 298-304.
- 1990                    Adler RS, Jellinek M. **Suicide**. Ibid. pp. 324 - 30.
- 1985                    Adler RS, Nafradi J, Szabo S. **“Cysteamine-induced Duodenal Ulcer is not Site-specific: Effect of Local Modulating Factors”**. J. Experimental Pathology 2:2, 111-22.

1983

Adler RS, Gallagher GT, Szabo S. **“Duodenal Ulcerogens Cysteamine and Proprionitrile Decrease Duodenal Neutralization of Acid in the Rat”**. Digestive Diseases and Sciences 28:8, 716-23.